



Stand By Me



32 COUNTS – 4 WALLS – ABSOLUTE BEGINNER

Choreographed by Raymond Sarlemijn (NL) & Roy Verdonk (NL) - February 2023

Choreographed to Stand by Me (Ivan Jack Remix) - 45 Stars [120 bpm, 2:50]

Intro: 32 Counts

Section 1 Point R, Close, Point L, Close, 4x Walk backwards

- 1 – 2 Point RF to right, Step RF beside LF
- 3 – 4 Point LF to left, Step LF beside RF
- 5 – 6 Step RF back, Step LF back
- 7 – 8 Step RF back, Step LF back

Section 2 Point R, Close, Point L, Close, 4x Walk forward

- 1 – 2 Point RF to right, Step RF beside LF
- 3 – 4 Point LF to left, Step LF beside RF
- 5 – 6 Step RF forward, Step LF forward
- 7 – 8 Step RF forward, Step LF forward

Section 3 Point fw, Close, Point fw, Close, Point fw, Close, Point fw, Close

- 1 – 2 Point RF forward, Step RF beside LF
- 3 – 4 Point LF forward, Step LF beside RF
- 5 – 6 Point RF forward, Step RF beside LF
- 7 – 8 Point LF forward, Step LF beside RF

Section 4 ¾ Walk around

- 1 – 2 Turn ¼ right and step RF forward, Turn ¼ right and step LF forward 3:00
- 3 – 4 Turn ¼ right and step RF forward, Turn ¼ right and step LF forward 6:00
- 5 – 6 Turn ¼ right and step RF forward, Turn ¼ right and step LF forward 9:00
- 7 – 8 Step RF forward, Step LF forward

Alternative Music: Canned Heat – Jamiroquai [128 bpm, 5:31] – Intro: 40 Counts





Cupid Shuffle



32 COUNTS – 4 WALLS – ABSOLUTE BEGINNER

Choreographed by Bernard Bryson

Choreographed to Cupid Shuffle – Cupid [72 bpm, 3:51] *Wird mit 144 bpm getanzt.*

Intro: 32 Counts

Section 1 Side step R, Close, Side step R, Close, Side step R, Close, Side step R; Tap

- 1 – 2 Step RF to right, Step LF beside RF
- 3 – 4 Step RF to right, Step LF beside RF
- 5 – 6 Step RF to right, Step LF beside RF
- 7 – 8 Step RF to right, Touch LF beside RF

Section 2 Side step L, Close, Side step L, Close, Side step L, Close, Side step L; Tap

- 1 – 2 Step LF to right, Step RF beside LF
- 3 – 4 Step LF to right, Step RF beside LF
- 5 – 6 Step LF to right, Step RF beside LF
- 7 – 8 Step LF to right, Touch RF beside LF

Section 3 Heel touch R, Close, Heel touch L, Close, Heel touch R, Close, Heel touch L, Close

- 1 – 2 Touch RH forward, Step RF beside LF
- 3 – 4 Touch LH forward, Step LF beside RF
- 5 – 6 Touch RH forward, Step RF beside LF
- 7 – 8 Touch LH forward, Step LF beside RF

Section 4 ¼ Turn L

- 1 – 8 March in place (8 steps), gradually turning ¼ to the left

9:00



Lindi Shuffle



16 COUNTS - 2 WALLS - BEGINNER

Choreographed by Jane Smee (UK)

Choreographed to Need More Of You - The Bellamy Brothers [119 bpm, 3:27]

Intro: 32 Counts

Section 1 Lindi R, Lindi L

- 1 & 2 Step RF to right, Step LF beside RF, Step RF to right
- 3 - 4 Step LF back, Recover weight to RF
- 5 & 6 Step LF to left, Step RF beside LF, Step LF to left
- 7 - 8 Step RF back, Recover weight to LF

Section 2 Shuffle fw, Shuffle fw, ½ Step turn, 2x Stomp

- 1 & 2 Step RF forward, Close LF behind RF (3rd), Step RF forward
- 3 & 4 Step LF forward, Close RF behind LF (3rd), Step LF forward
- 5 - 6 Step RF forward, Make ½ turn left and recover weight onto LF
- 7 - 8 Stomp RF, Stomp LF

6:00

Extras: Can be danced as contra as well.

Alternative Music: Cotton Eye Joe - Rednex [132 bpm, 3:14] - Intro: 32 oder 48 Counts

Shut Up And Dance - Walk The Moon [128 bpm, 3:19] - Intro: 8 Counts

I Was Made For Lovin' You - KISS [128 bpm, 4:30] - Intro: 16 Counts (Wall 23 nach 8 Counts: Tag (Hold 4 Counts) + Restart)



Glass of Wine



32 COUNTS – 4 WALLS – ABSOLUTE BEGINNER

Choreographed by Malene Jakobsen (DK) - July 2022

Choreographed to Cry to Me – Kilotile [130 bpm, 3:28]

Section 1 Stomp, Swivels, Stomp, Swivels

- 1 - 4 Stomp RF diagonally forward, Swivel LF – heel, toe, heel – towards RF
- 5 - 8 Stomp LF diagonally forward, Swivel RF – heel, toe, heel – towards LF

Section 2 4x Diagonal Steps backwards + Tap & Clap

- 1 - 2 Step RF diagonally back, Touch LF besides RF and Clap
- 3 - 4 Step LF diagonally back, Touch RF besides LF and Clap
- 5 - 6 Step RF diagonally back, Touch LF besides RF and Clap
- 7 - 8 Step LF diagonally back, Touch RF besides LF and Clap

Section 3 Weave R, Side Rock, Cross, Side Step

- 1 - 2 Step RF to right side, Cross LF behind RF
- 3 - 4 Step RF to right side, Cross LF over RF
- 5 - 6 Step RF to right side, Recover weight to LF
- 7 - 8 Cross LF over RF, Step LF to left side

Section 4 Back Rock, ¼ Step Turn, Jazzbox with Corss

- 1 - 2 Step LF back, Recover weight to RF
- 3 - 4 Step RF forward, Make ¼ Step Turn left
- 5 - 6 Cross RF over LF, Step LF back
- 7 - 8 Step RF to right side, Cross LF over RF

9:00